

Winter energy-saving tips

Discover ways to to manage your heating costs

Massachusetts

We're here to help you stay comfortable while managing energy usage during cold weather months. By following these simple guidelines, you can increase energy efficiency and better manage your energy costs.

Tune up for efficiency

- Maintaining an efficient heating system is an important step to conserving energy. Have your heating system serviced annually, and never try to repair it yourself.
- If your heating system has a filter, clean or replace it every month during the heating season.
- Heating equipment needs air to work properly and efficiently. Don't close it off with walls, debris or other obstructions.
- If your heating equipment is near the end of its lifespan, it might be time to think about a high-efficiency replacement before the heating season starts.

Turn down for savings

- Turn down the thermostat every time you leave the house for two or more hours, and every night before you go to bed. It takes less energy to warm up a cool house than to maintain a warm temperature all day and night.
- Installing a programmable thermostat is an effective way of maintaining comfort and reducing energy usage.

We're here for you

Whether you are looking for ways to reduce energy during the heating season or need to get back on track paying your bill, we have programs and services that can help. Please visit ngrid.com/hereforyou for more information.

Insulate

- Insulate your attic, walls, ceilings and floors to prevent heat escaping to the outdoors. Insulation improves your comfort as well as the efficiency of your home—and that means more savings for you.
- Take advantage of the sun: open drapes during the day to capture warmth and close them at night to prevent heat loss through windows.

Seal air leaks

- Cold air let in by air leaks can increase your energy use, so seal all holes and cracks where cold air can get in, especially in the attic and basement.
- Other air-sealing tips include shutting off heat to unused rooms and closing the fireplace damper when not in use.
- Remove window air conditioning units during the cold months to reduce drafts. If this isn't possible, cover the inside and outside of the unit.
- You can also move furniture to warmer spots in the room to avoid cold drafts and stay more comfortable.

Be cautious with portable space heaters

If you must use a portable space heater, do so safely. Check to make sure it has an Underwriters Laboratories safety label and an automatic shutoff device that turns the heater off if it tips over or becomes too hot. Periodically check nearby objects to see if they feel hot.

This is an important notice. Please have it translated.

Este é um aviso importante. Quiera mandá-lo traduzir.

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Avis important. Veuillez traduire immédiatement.

Questa è un'informazione importante, si prega di tradurla.

Это очень важное сообщение.

Пожалуйста, попросите чтобы вам его перевели.

是一個重要的通知。請翻譯一下。

دست‌چرت ی‌ج‌رت جمع راطخ! اذہ

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Sa a se yon avi enpòtan. Tanpri, fè li tradwi.

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